

Mugenryu Heiho -Shokyudan shinsa-

5.kyu

Koryu jujutsu

Shisei/Kamae

Seiza
Anza
Heiza
Katahizadachi
Shizentai
Musubidachi
Zenkutsudachi
Shikodachi
Nekoashidachi
Naifanchidachi

Ukemi

Maeukemi (rolling)
Ushiroukemi (rolling)
Yokoukemi (rolling)

Atemiwaza/Keriwaza

Shikodachioizuki
Zenkutsudachioizuki
Gyakuzuki
Empi
Shutouchi
Maegeri
Mawashigeri

Taisabaki

1 – 12
Only unsoku

Nagewaza

Koshinage
Seoinage

Newaza; Katamewaza

Kesogatame
Yokoshihogatame
Kamishihogatame

Tewaza

Kotegaeshi
Kotehineri, Koteotoshi
Tekubidome

Oyowaza

Kotegaeshi – Koshinage -
Kime (Tekubidome)

4.kyu

Previous techniques 5.kyu

Koryu jujutsu

Ukemi

Maeukemi (hard)
Ushiroukemi (hard)
Yokoukemi (hard)

Atemiwaza/Keriwaza

Haitouchi
Shoteiuchi
Seiken, Nanameken, Tateken
Komawashigeri

Taisabaki

1 – 12 block
and punch alone

Nagewaza

Haraigoshi
Karitaoshi: Sotogari, Kouchigari
Okuriashibarai
Deashibarai

Newaza; Katamewaza

Uragesa

Tewaza

Udeotoshi
Udehishigi
Morotegaeshi

Oyowaza

Kotegaeshi – Udehishigi - Koshinage – Kime(Tekubidome)

Jojutsu

Tsukiwaza

Chokuzuki
Ushirozuki
Shiborizuki
Chototsu
Haimenzuki

Uchiwaza

Junteuchi
Sakateuchi
Kirikaeshiuchi
Suriage
Kaeshizuki
Namigaeshi - Hassouchi

Ukewaza

Makitsuke
Makihanashi
Naname jodan ageuke
Naname chudan ageuke
Naname gedan uke

Kihon keiko

Ushirozuki – Kirikaeshiuchi -
Suriage - Makihanashi
Kirikaeshiuchi – Suriage -
Kakezuki – Makihanashi

Kenjutsu

Kihon keiko

Nukitsuke – Furikaburi – Kirioroshi – Yokochiburui - Noto

3.kyu

Previous techniques 5. - 4.kyu

Koryu jujutsu

Ukemi

Maeukemi (hard/rolling)
Ushiroukemi (hard/rolling)
Yokoukemi (hard/rolling)

Atemiwaza/Keriwaza

Kumateuchi
Haishu-uchi
Sokutogeri/Kaiten Sokutogeri
Hizageri

Taisabaki

1 – 12
block and punch with pair

Zaho

1 - 2
with pair

Tankensabaki

1 – 2
using wooden knife

Nagewaza

Taiotoshi
Utsurigoshi
Ippon seoinage
Ukiotoshi

Shimewaza

Hagaijime
Katabajime

Tewaza

Moroteotoshi
Udegarami

Oyowaza

Kotegaeshi – Udehishigi – Udegarami - Koshinage – Kime(Tekubidome)

Jojutsu

Kihon keiko

Ipponme Naminoma
Nihonme Mawashigote
Sanbonme Suriage

Kenjutsu

Kamae

Seigan no kamae
Jodan no kamae
Wakigamae
Gedan no kamae
Hasso no kamae
Furikaburi

Uchi-/kirikata

Makkokirioroshi
Kirioroshi
Ganmenuchi
Yokomenuchi
Kesagiri/Kiriage
Nukitsuke

Kihon keiko

Nukitsuke – Furikaburi – Kirioroshi – Yokochiburui - Noto



2.kyu

Previous techniques 5. – 3.kyu

Koryu jujutsu

Atemiwaza/Keriwaza

Previous techniques (smoothly)

Tankensabaki

1 – 6 with sharp knife
(only form)

Nagewaza

Yokonage
O-sotogari
Kouchigari – Koshinage

Newaza; Katamewaza

Ushirogesa
Katagatame
Yon no ji gatame
Gyakukesagatame

Oyowaza

Kotegaeshi – Udehishigi – Udegarami – Koshinage – Kime

Morotegaeshi – Seoinage – Gyakukesagatame(with foot)

Taisabaki

1 – 12 with pair

Zaho

1-4 with pair

Shimewaza

Katatejime

Ashiwaza

Kaketaoshi:
Sotokake, Uchikake

Jojutsu

Kihon keiko

Yonhonme Yokoguruma
Gohonme Yaguruma

Kihon sotai keiko

Ipponme Naminoma
Nihonme Mawashigote
Sanbonme Suriage

Kenjutsu

Kihon sotai keiko ki-awase

Urokogaeshi
Mappo sono ichi



1.kyu

Previous techniques 5. – 2.kyu

Koryu jujutsu

Atemiwaza/Keriwaza

Previous techniques(smoothly),
with pair

Taisabaki

1 – 12 with pair
Oyowaza

Zaho

1 – 6 with pair

Tankensabaki

1 – 6 using sharp knife
(Riai)

Nagewaza

Tsurikomigoshi
Tomoenage
Tawaragaeshi

Shimewaza

Juujishime
Gyakujuuujishime
Okurierijime

Newaza; Katamewaza

Gyakukesagatame

Oyowaza

Morotegaeshi – Seoinage –Gyakukesagatame(with foot)

Kotegaeshi – Udehishigi – Udegarami – Koshinage – Kime(tekubidome)

Jojutsu

Tachi ai keiko

Ipponme Naminoma
Nihonme Mawashigote
Sanbonme Suriage
Yonhonme Yokoguruma
Gohonme Yaguruma

Iai

Battoho Junto Sono Ni
Battoho Tsuigekito

Kenjutsu

Kihon sotai keiko ki-awase

Ageha
Mappo sono ni



1.dan

Previous techniques 5. – 1.kyu

Koryu jujutsu

Taisabaki

1 – 12 oyowaza (with partner and using application techniques)

Nagewaza;Katamewaza

Koshiguruma

Kataguruma(sono ichi, -ni, -san)

Sumigaeshi

Shimewaza

Tawarajime

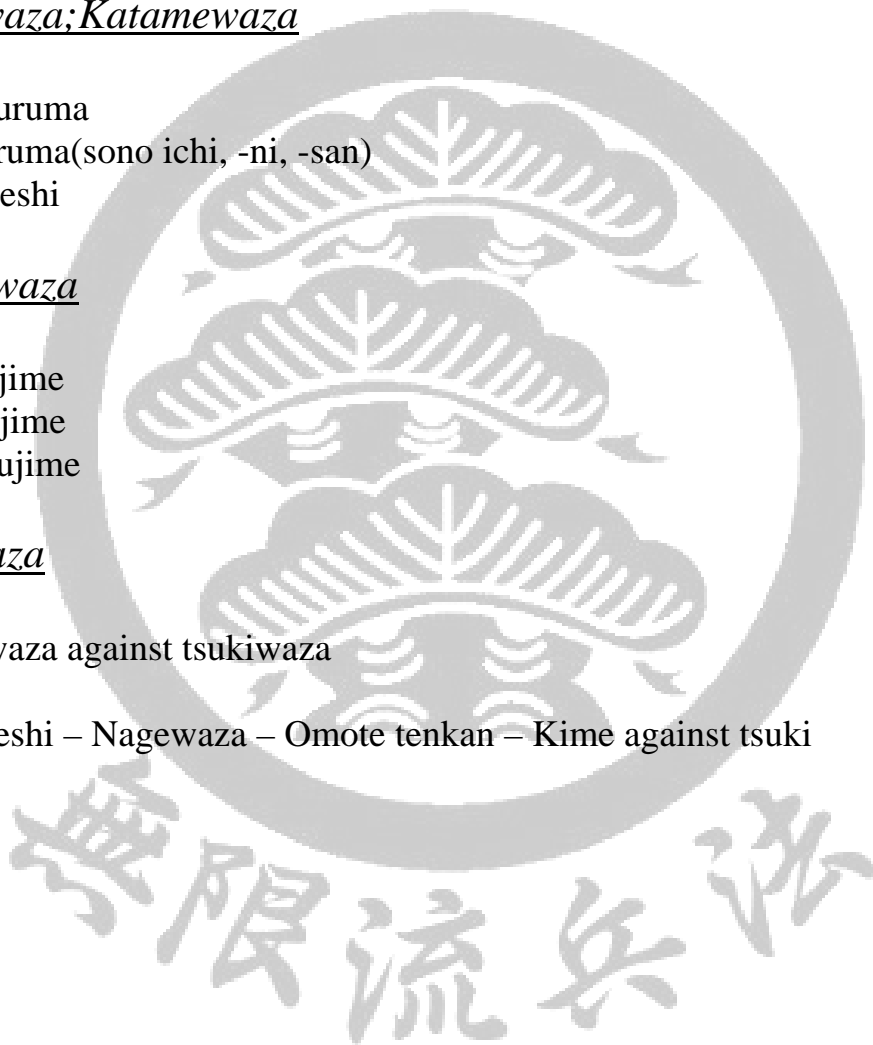
Hasamijime

Sankakujime

Oyowaza

Shimewaza against tsukiwaza

Kotegaeshi – Nagewaza – Omote tenkan – Kime against tsuki



Jojutsu

Tachi ai keiko

Ropponme Kotedome
Nanahonme Namigaeshi

Kumijo

Ipponme Hayanami

Bojutsu

Kihon keiko

Ipponme Yokomen
Nihonme Mizuguruma
Sanbonme Makkogaeshi
Yohonme Mizunagare
Gohonme Yamagoe
Roppenme Marubashi

Kontojutsu

Hayanami no kon

Kenjutsu

Kumitachi

Hayanami no tachi



2.dan

Previous techniques 5. – 1.kyu / 1.dan

Koryu jujutsu

Nagewaza

Sumiotoshi
Hikikomigaeshi

Ashiwaza

Ashiguruma

Newaza; Katamewaza

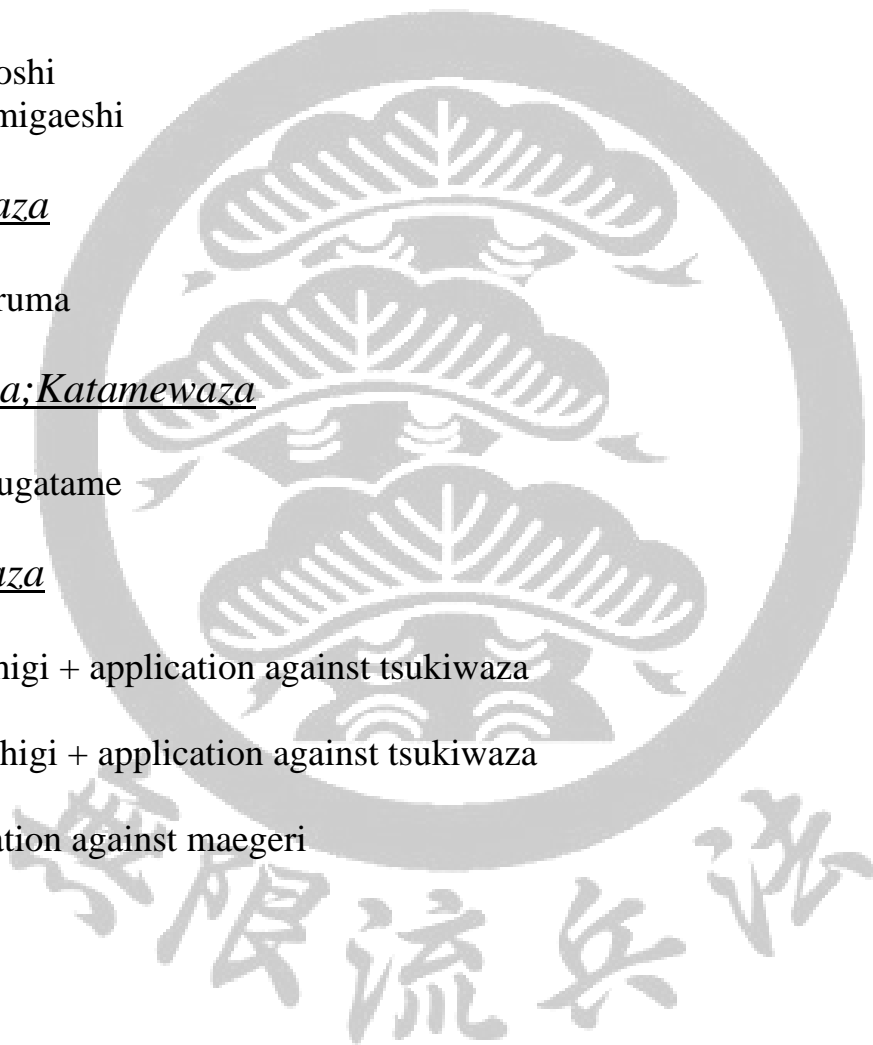
Sankakugatame

Oyowaza

Udehishigi + application against tsukiwaza

Katahishigi + application against tsukiwaza

Application against maegeri



Jojutsu

Tachi ai keiko

Hachihonme Tsukigake
Kyuhonme Uchigaeshi

Kumijo

Nihonme Uzushio

Bojutsu

Kontojutsu

Makitsuke no kon

Kata

Kongo

Kenjutsu

Kumitachi

Hayanami no tachi



3.dan

Previous techniques 5. – 1.kyu / 1. – 2.dan

Koryu jujutsu

Nagewaza

Hizaguruma

Oyowaza

Udehishigi – Kubiuchimawashi against tsukiwaza

Kumiranbu

Free fighting situation against one or several attacker

Jojutsu

Kumijo

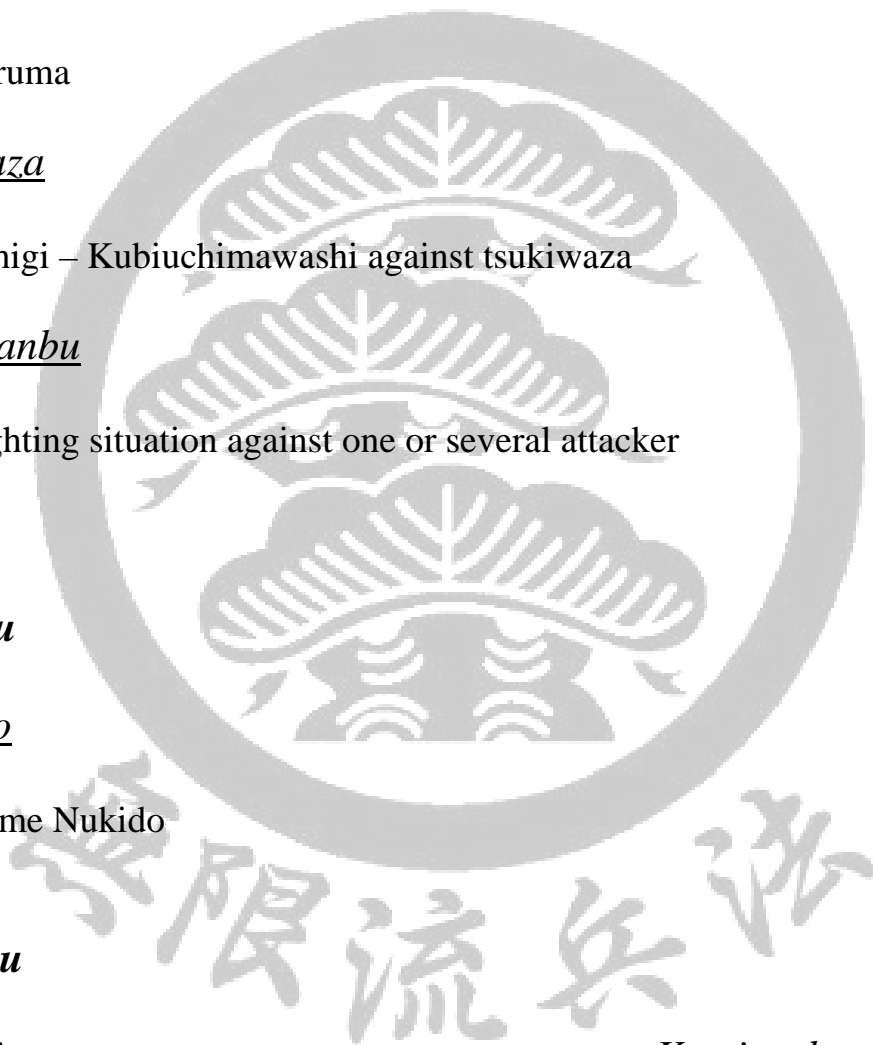
Sanbonme Nukido

Bojutsu

Kontojutsu

Rekka no kon

Kumiranbu



Kenjutsu

Kumitachi

Rekka no tachi

Naginata

Naginata I - II

4.dan

Previous techniques 5. – 1.kyu / 1. – 3.dan

Kumiranbu

Jujutsu

Jo – Jo

Bo – Bo

Bokken – Bokken

5. – 8. dan

Soshi Matsuoi grants

